My Routine Tracker

Routine

		M	T	W	T	F	S	S
----------	Make your bed							
----------	Brush your teeth							
----------	Take a shower							
----------	Get dressed							
----------	Eat breakfast							
----------	Pack your backpack or school bag							
----------	Play outside for 30 minutes							
----------	Help with dinner preparation							
----------	Brush your teeth before bed							
----------	Read for 20 minutes before sleep.							